



DIPLOMA IN PHYSICAL EDUCATION

CALENDAR SESSION – 2018

QUESTION CODE: C/DPE-001

SUBJECT CODE: DPE1

FOUNDATIONS OF PHYSICAL EDUCATION

Time: 2 Hrs

Total Marks: 100

Answer ANY TEN questions

10 x 10 = 100

1. Examine the subjects related to Physical Education.
2. Explain the aims and objectives of physical education.
3. Explain the physical training in detail.
4. Discuss the inheritance theory of play.
5. Describe unsynchronised development.
6. Exercise is a biological necessity for proper growth and function- Discuss.
7. Write laws of learning.
8. Explain modern Olympic Games.
9. Write in detail about Callisthenics.
10. Describe the sociological foundations of physical education
11. Explain the functions of State Sports Councils of India.
12. Discuss the sources of principles of physical education.



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QUESTION CODE: C/DPE-002

SUBJECT CODE: DPE2

BASIC ANATOMY AND PHYSIOLOGY

Time: 2 Hrs

Total Marks: 100

Answer ANY TEN questions

10 x 10 = 100

1. Draw the labelled diagram of lungs.
2. Explain the mechanism of respiration.
3. Draw a labelled diagram of the Urinary System.
4. What are the different modes of entry of micro-organism into the body?
5. Describe the function of uterus and its appendages.
6. Write short notes on synovial joint.
7. Explain the structure and functions of spleen.
8. Describe the mechanism of coagulation of blood.
9. Explain cardiac cycle.
10. Explain the structure and functions of nervous tissue
11. Discuss various blood groups and their significance.
12. Discuss the bones of human skull?



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QUESTION CODE: C/DPE-003

SUBJECT CODE: DPE3

METHODS OF PHYSICAL EDUCATION

Time: 2 Hrs

Total Marks: 100

Answer ANY TEN questions

10 x 10 = 100

1. Explain the circumstances that may lead to the physical education teacher improvising teaching aids.
2. Identify the key considerations that a physical education teacher would consider in developing a new secondary school curriculum
3. With appropriate examples to illustrate your answer, explain how computer technology can be integrated in the teaching of Physical Education
4. Explain the Values and Ethics of a Physical Education Teacher
5. List out the General Objectives of teaching Physical science at Primary stages
6. Explain the Aesthetic and Moral values of Science
7. Explain any four values that can be developed through teaching Physical Science
Distinguish between behaviourist and constructivist approach of teaching
8. Explain Role Play method and its advantages
9. Explain the characteristics of various approaches of productive learning of Physical Science.
10. Write the merits of learning physical education under supervision.
11. Explain Maxims of Learning
12. Write short note on Differentiated Strategies



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QUESTION CODE: C/DPE-004

SUBJECT CODE: DPE4

SPORTS INJURIES AND REHABILITATION

Time: 2 Hrs

Total Marks: 100

Answer ANY TEN questions

10 x 10 = 100

1. Explain the meaning, need and scope of Sports Medicine in detail.
2. What do you mean by fitness, how it can be achieved by an individual
3. How exercise act as an instrument of rehabilitation for those suffering from health disorders?
4. Explain the meaning and importance of adapted physical education
5. Explain the mechanism and importance of thermoregulation system in our body.
6. Explain the physiological effects of general massage on circulatory and respiratory systems.
7. Discuss the importance of physiotherapy in rehabilitation of sports injuries.
8. Explain the principles of rehabilitation
9. Describe the causes of sports injuries.
10. Explain the first aid and emergency treatment for Sports injuries.
11. Describe the ways to prevent sports injuries.
12. Explain Electrotherapy in detail.



DIPLOMA IN PHYSICAL EDUCATION

CALENDAR SESSION – 2018

QUESTION CODE: C/DPE-005

SUBJECT CODE: DPE5

ORGANIZATION AND ADMINISTRATION OF PHYSICAL EDUCATION

Time: 2 Hrs

Total Marks: 100

Answer ANY TEN questions

10 x 10 = 100

1. Explain the principles of administration and organization of physical education.
2. Explain the procedure for administration of physical education.
3. Describe the qualifications and qualities of physical education teachers.
4. Explain the layout of physical education facilities and sports facilities.
5. Describe the care, maintenance and disposal of unserviceable equipment.
6. Describe the maintenance of records.
7. How petty cash, income and expenditure are handled? Explain in detail
8. Describe the types of tournaments organized with respect to physical education.
9. Explain the importance of curriculum designing in physical education.
10. Write the procedure for purchase of physical education equipment.
11. Describe office correspondence and reports
12. Explain intramural and extramural programmes.